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## How Pure is your Water?



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# Tap Water



## **Tap water is full of a myriad of chemicals**

- Today I will cover only two of them. Remember to drink from a tap if there is no other pure water source around. It's important not to let yourself become dehydrated.

# Fluoride

## Did you know?



In 1955, Crest became the first fluoride toothpaste.



Fluoride calcifies the pineal gland, otherwise known as your 3rd eye which literally has rods and cones, just like your other eyes!



Fluoride is so toxic that it is considered Hazardous Waste by the EPA.

(United States Environmental Protection Agency)



Fluoride is the same ingredient in rat poison and Prozac (Antidepressant)

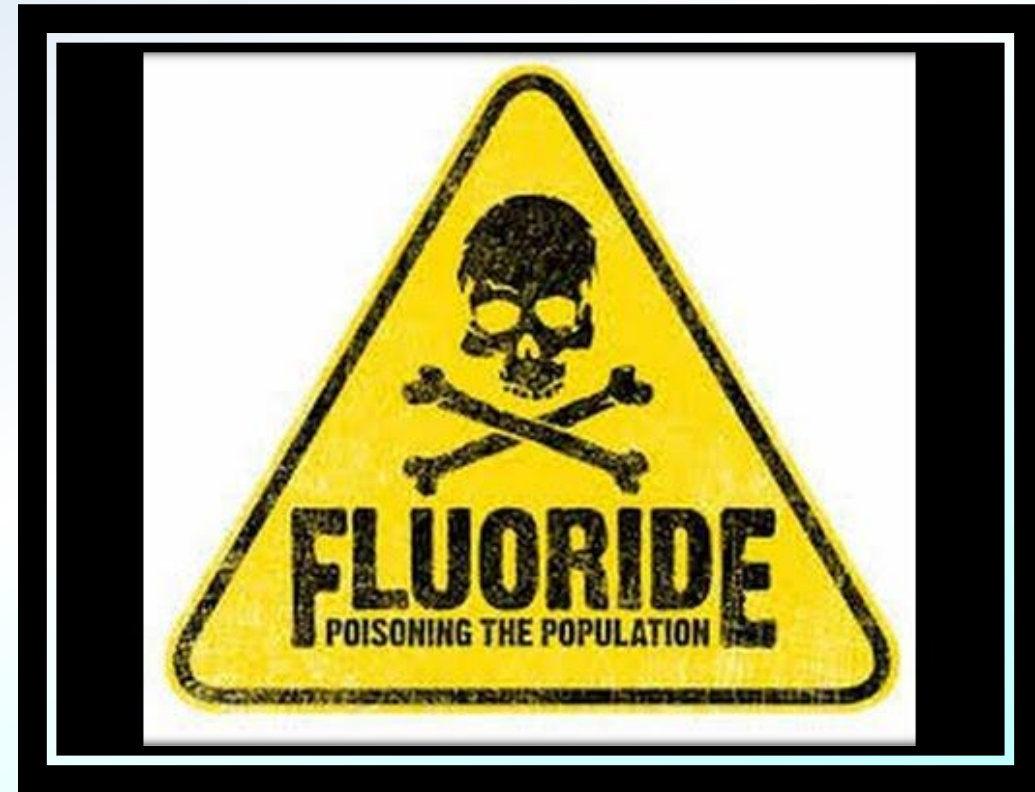




It is stated that fluoride was used by Hitler in the water of the Nazi Concentration camps and the gulags in Siberia, to sedate the prisoners to make them docile and easier to control. I'm unsure if it's actually true but it does have the potential to lower IQ's... so somethings going on.

# Fluoride

- It is **absorbed through the skin** when bathing, showering, or swimming in fluoridated water.
- You **absorb it through the tissues of your mouth** when brushing your teeth. You don't have to swallow it.
- **Cooking with fluoride in water concentrates it in food and beverages.**
- You can't cook it out.



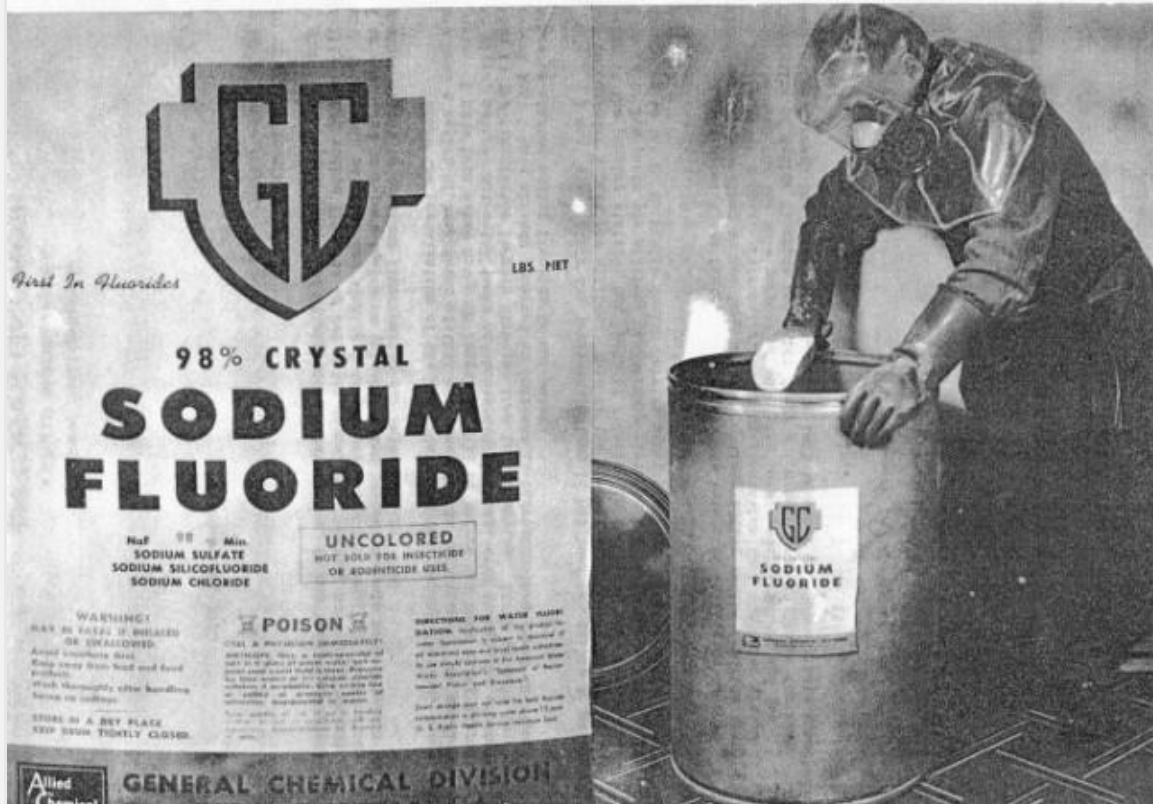
**Only 50% of it can be excreted by the body** so it is a cumulative toxin leading to many health problems:

(2 – Mike Adams, Natural News)

- Twenty-four studies have also shown it **lowers IQ's in children**
- Causes **cognitive problems**
- Causes a higher risk of **heart disease** as fluoride accumulates in the Aorta
- **Male infertility**
- **Weaker bones and skeletal fluorosis**
- **Cell DNA damage and cancer**
- **Gastrointestinal issues** such as nausea, vomiting and abdominal pain



THIS IS THE CHEMICAL AND THE PROTECTIVE CLOTHING USED IN WILMINGTON, MASS., WHERE FLUORIDATION WAS ABANDONED AFTER 7 YEARS' TRIAL. (See reverse side for letter by Edmund Sargent, Water Supt.)



**Natural fluoridated water** contains '*Calcium Fluoride*'.

This is a stable compound and not harmful when it comes from plant derived foods. It's the kind the dentists talk about that does have benefits for our teeth.

On the other hand, **artificial fluoridation** in our water supply and toothpaste is a compound called '*Sodium Fluoride*'. It's very unstable and highly reactive, and comes from industrial waste solution from aluminium and fertiliser manufacturing.

**This type of fluoride has been proven to be:**

- 60 times more toxic than naturally occurring *Calcium Fluoride*, and the...
- Death rates in fluoridated populations are 15-20% higher.

# Fluoride

Have you ever read the small print?

A lot of people cover the entire top of the toothbrush. Why? Because that is the way it's promoted. You watch the advertisements... you'll see. They want us to use more so that we'll buy more.

And what about children? How many of them tend to swallow toothpaste?



According to Dr. Bill Osmunson, there's the same equivalence of fluoride in an 8 ounce glass of fluoridated tap water as there is in a "pea sized" amount needed to call the Poison Control Center, as recommended on the back of any fluoridated toothpaste.

## Drug Facts

### Active Ingredient

Sodium monofluorophosphate 0.76%

### Purpose

Anti-Cavity Toothpaste

**Use:** Helps prevent against cavities

**Warnings:** Keep out of reach of children under 6 years of age. If you accidentally swallow more than used for brushing, get medical help or contact a Poison Control Center immediately.

**Directions:** adults and children 2 yrs. & older: brush teeth thoroughly after meals or at least twice a day or use as directed by a dentist. To minimize swallowing use a -

## Drug Facts (continued)

pea sized amount in children under 6. Supervise children's brushing until good habits are established. Children under 2 yrs.: ask a dentist

**Inactive Ingredients:** Sorbitol, Silica, Water, Sodium Lauryl Sulfate, Flavor, PEG-32, Mica, Sodium Carboxy Methyl Cellulose, Saccharin, Trisodium Phosphate, FD&C Blue No. 1, Calcium Glycerophosphate

**Questions? Call 1-866-373-7374**

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# Fluoride

There is not a single scientific or laboratory study anywhere in the world which proves fluoridation of our water supplies reduces tooth decay in humans.

But there are hundreds of published scientific papers which show that water fluoridation is dangerous to human, animal, plant and aquatic life, which is no surprise since fluoride is more toxic than lead and only marginally less so than arsenic.  
(Clinical Toxicology of Commercial Products, 5th ed., Gosselin, et al, 1984)

**You make up your own mind, but for me and my dog, we will not use fluoridated toothpaste for love nor money!**

# Chlorine

- Another very highly corrosive and harmful chemical
- Used as a chemical poison during World War 1 with disastrous results.
- Inhaling chlorine can cause wheezing, coughing, sore throat plus a whole lot more.
- **Drinking chlorinated water should be regarded as terrifying** although millions of people drink it daily, many times over.
- It builds up in your body through showers, baths, washing dishes, laundry and cleaning the house causing the following:



# Chlorine

- Asthma
- Allergies
- Skin irritation, and dry skin
- Psoriasis, dandruff, and dry scalp
- Hair loss from follicle damage
- Eye, sinus, and throat irritation
- Tiredness, fatigue, dizziness, and weakness
- Gastrointestinal issues
- Headaches
- Increased risk for bladder and rectal cancer
- Increased risk for heart disease



## Why isn't it banned?

The same reason there are many other poisons used frequently in our world... there's lots of money to be made by the chemical companies.

***And we let our kids swim in it!***

There are other ways to make swimming water safe to swim in... but that's another subject!